



## Pictures of You

How well do you know the People with whom you work? You may know their role on the latest Project or how quickly they return voicemails but....

People who take the time to know each other on a personal level work better together. However, when eMails and To Do Lists control our days we don't often get that chance. 'Pictures of You' is a fresh approach to Team Building. By learning more about each other, you will become a stronger Team.

### What is it all about?

'Pictures of You' takes Teams out of their usual environment for a 3 Hour Team Game. It may be an urban or a rural setting, whichever suits you best. Team Members are set up in pairs and (armed with Game Guidelines, a Map, Camera and various other props), each pair will embark on an expedition of their new environment.

Through the game, People will discover and uncover stories, ideas, experiences, memories, fears and joyful events which build a new picture of who they are and who they want to be.

The session builds into a Team Exchange, where photos, stories, postcards and discoveries from each journey are shared and compiled into a Team Collage – bringing People together in a new way and capturing a new energy.

### Who would benefit most?

- Everyone who realises that, in this economic climate, Teams need to be working better than ever before
- Newly formed Teams who do not know each other very well
- Teams at key pressure points within the Business who may be facing stressful challenges and would benefit from time out to regroup and refresh
- Managers who wish to recognise and reward effort on their Team through a fun but valuable afternoon away from their desks
- Managers who wish to add a little spark to an otherwise heavy or technical Training Experiences

OMT Group is an Organisational Development Firm that helps Businesses get better at leading, organising and managing their People to achieve better results.

If you would like to know more about our Clients, our Solutions and our People you can visit [www.omtorgdev.com](http://www.omtorgdev.com) or call us in Ireland on +353 61 333 640 or in the UK on + 44 845 6041768

## Session Highlights

- **See People in a new light:** Our views and perceptions of People may be limited by the constraints of the workplace. This workshop allows you to think about how you see People in a very different way
- **Allow People to see you as you really are:** You know who you are and how you want the world to see you. This is an opportunity to put time and focus into making that happen
- **Exercise Openness and Trust:** Developing the ability to open up and trust People as a way of building self awareness and interpersonal skills
- **Build a stronger Team:** Relationships really come to life when People know and respect each other at a personal level – the human behind the job. Take these learnings and apply them to the challenges the Team is facing back at work
- **Influencing Skills:** Improve your ability to Influence and Communicate Effectively by appreciating the person behind each task or job and various personalities and styles
- **Create Fun & Energy:** Leave the Business Challenges aside, have fun and gain a different perspective for tackling those challenges anew

## Our Clients Say.....

The 'Pictures of You' workshop was fascinating and fun! Spending time with my colleagues in a different way and getting to know them on a totally different level changed a lot of my perceptions. We all loved our 'memory box' and the Team collage is still on the office wall, they are a reminder for us all to consider who we are as well as what we are at work.

## Why OMT Group?

- A highly innovative approach to Learning, incorporating the latest in Accelerated Learning Techniques, Reflective Feedback and Scenario Role Playing
- Very practical approach to Management Development, grounded in the real issues of your Business but always taking a fresh and innovative approach
- Internationally experienced Consultants who each have a strong background in Business Management as well as Organisational Development expertise and accreditation

**Interested in learning more about how OMT Group can assist your Business?**

## Contact Us

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OMT Group is an Approved Centre/Member of the above listed bodies.

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